



Bio Sculpture Manicure and Pedicure Course

Prerequisites: None

Time: Duration 4 days, 8 hours daily

Tuition Fee: \$800 (+applicable taxes)

Requirements/Materials:

- 1) Bio Sculpture Manicure and Pedicure Kit (list of contents and price available upon request)
- 2) 15 Hand Towels
- 3) Stainless Steel Pedicure Basin (information on suppliers available upon request)
- 4) Water Resistant Pedicure Apron
- 5) Model Required for duration of class
- 6) **Students will be required to perform 2 practicum Manicures and 2 practicum Pedicures during classroom hours on model and 10 practicum Manicures and 10 practicum Pedicures before Certificates will be issued.**

Course Outline:

Salon Ethics, Salon Safety, Material Safety Data Sheets, Sterilization, Disinfection and Sanitation, Micro-organisms, Nail Anatomy, Nail Diseases and Disorders, Anatomy of the Hand, Nail Plate Analysis, Allergies/Sensitivities, Manicure Procedures, Massage Movements, Foot Anatomy, Common Foot Disorders, Product Knowledge, Setting up Workstation, Client Consultation, Clients requiring special care, Pedicure Procedures, Precautions, Basic and Spa Pedicures, Foot & Leg Massage, Polish/Gel Application, Marketing and Retail.

